

Day 1 | 8:30am - 5:00pm

- Anatomy & Physiology of the Breast: Human Lactation, Nutrition & Breastfeeding
- Properties of Human Milk and Artificial Baby Milk
- Foreign Substances in Human Milk

Day 2 | 8:30am - 5:00pm

- Prenatal Factors Influencing Breastfeeding & Infant Sucking
- The Immediate Postpartum Period
- Use of Artificial Baby Milk When Medically Indicated
- Supporting Ongoing Breastfeeding
- Counseling the Breastfeeding Mother

Day 3 | 8:30am - 5:00pm

- Common Problems in the Early Days & Special Situations
- Breastfeeding Techniques and Devices
- Resources for Lactation Professionals
- Follow-up Case Study Program

Instructor:

Rosanne Gephart, MSN, CNM, IBCLC
Patrice Montoya, BSN, RN, IBCLC

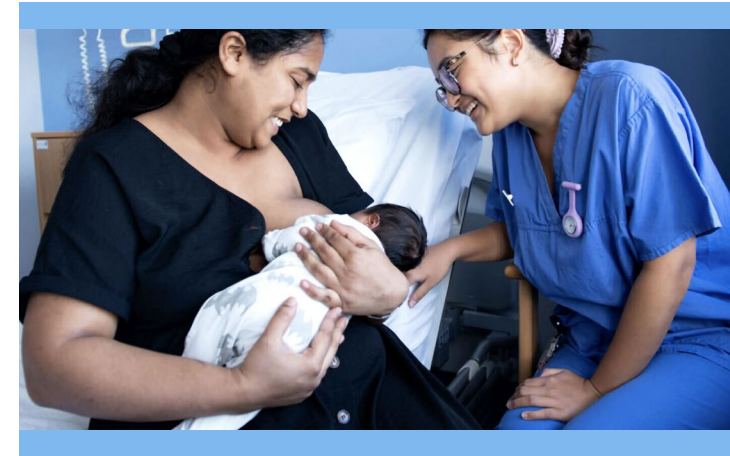
Rosanne and Patrice have each worked with breastfeeding women for over 40 years in clinics, hospitals, birth centers and client homes.

Rosanne founded the Women's Health & Birth Center in Santa Rosa, CA and the non-profit Better Beginnings, an organization with the mission of helping more babies receive the best food in the world...human milk!

Lactation Specialist Program
with Child Breastfeeding
Support Services



Lactation SPECIALIST PROGRAM



DATES: July 22nd - 24th, 2026

8:30am - 5:00pm
each day

Cost: \$650
Payment plans
available

Beyond the Basics:
Effectively Assisting Breastfeeding Mothers

For More Information:

Please Call/Text

Julie Chavez at 707.837.3537

Email:

julie@foxpacificacademy.org

Register Online

www.foxpacificacademy.org



LOCATION:

5297 Aero Drive
Santa Rosa, CA 95403
foxpacificacademy.org

COURSE DESCRIPTION

The Lactation Specialist Program offers comprehensive information on breastfeeding with an emphasis on hands-on skills to enable the provider to give effective and individualized assistance to breastfeeding mothers.

Participants may take the course for content only (20 CEUs), or they can continue their education with the follow-up of five breastfeeding mothers for six weeks each to receive a Certified Lactation Specialist (CLS) certificate (32 CEUs). Consultation and support are available for participants until the course work is completed. This course meets the requirements of Baby Friendly USA, and the hours within the course and during the case studies can be applied to future education requirements for becoming an International Board Certified Lactation Consultant. (For more information, log onto: ibclc-commission.org.)

BENEFITS

Upon completion, the participant will be able to:

Apply advance knowledge of lactation to assess, assist and educate breastfeeding mothers, including those with special situations.

Describe the appropriate use of a variety of breastfeeding techniques and devices.

Function as a resource for patients, other healthcare professionals and the community by providing breastfeeding information and referrals.

And so much more!

Provides CEUs
Provider approved by the California BRN for 20 CEUs:
20 CEUs for class attendance / An addition 12 CEUs and a certificate of completion can be earned with fulfillment of follow-up requirements.

This program is for healthcare providers or educators who want to effectively help new mothers successfully breastfeed their babies.

While breastfeeding problems range from simple to complex, most can be resolved successfully so that breastfeeding is a joy for mother and baby, as well as providing optimal nutrition for the infant.

With an emphasis on evidence-based practice and practical skills, the Lactation Specialist Program will give you a solid foundation for working with mothers in many situations. From establishing breastfeeding with a typical newborn, to helping a mother with challenging circumstances, Lactation Specialists work with mothers in postpartum units, newborn nurseries, NICU's, freestanding birth centers, WIC programs, public health nursing programs, and offices.

Many Lactation Specialists use their newfound knowledge to become Board Certified Lactation Consultants.

Other students use the program to enhance and expand their clinical skills in the field of lactation.

The limited class size allows for interaction between the instructors and students and a great learning experience!